



FIGURE SKATING SESSIONS June 5-August 20, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					7-7:30 am FS/B/Figs	
					7:30-8 am FS/B	
8-8:30 am FS/B		8-8:30 am FS/B		8-8:30 am FS/B	8-8:30 am FSO	
8:30-9 am FSO	8:30-9 am FSO	8:30-9 am FSO	8:30-9 am FSO	8:30-9 am FSO	8:30-9 am FSO	
9-9:30 am FSO	9-9:30 am FSO	9-9:30 am FSO	9-9:30 am FSO	9-9:30 am FSO	9-9:30 am FSO	
9:30-10 am FSO	9:30-10 am FSO	9:30-10 am FSO	9:30-10 am FSO	9:30-10 am FSO	9:30-10 am FSO	9:00-10 am Figures Class*
10-10:30 am FSO	10-10:30 am FSO	10-10:30 am FSO	10-10:30 am FSO	10-10:30 am FSO		10-10:30 am FSO
10:45-11:15 am Jump*	10:30-11 am Power*	10:45-11:15 am Cond.*				10:30-11 am FSO
						11-11:30 am FSO
	12:15-1 pm Yoga*	12:30-1 pm Flexibility*				11:30-12 pm FSO
1:15-1:45 pm Ftwk.*	1:15-1:45 pm Turns*	1:15-1:45 pm Figures/strokin	1:15-1:45 pm Power*	1:30-2 pm FS/B		
1:45-2:15 pm FS/B	1:45-2:15 pm FS/B	1:45-2:15 pm FS/B	1:45-2:15 pm FS/B	2-2:30 pm FS/B		
2:15-2:45 pm FS/B	2:15-2:45 pm FS/B	2:15-2:45 pm FS/B	2:15-2:45 pm FS/B	2:30-3 pm FS/B		
2:45-3:15 pm FS/B	2:45-3:15 pm FS/B	2:45-3:15 pm FS/B	2:45-3:15 pm FS/B	3-3:30 pm FS/B		
3:15 ZAM	3:15 ZAM	3:15 ZAM	3:15 ZAM	3:30-4 pm FS/B		
3:30-4 pm FS/B	3:30-4 pm FS/B	3:30-4 pm FS/B	3:20-4 pm Ballet*	4-4:30 pm FS/B		
4-4:30 pm FS/B	4-4:30 pm FS/B	4-4:30 pm FS/B	3:30-4 pm FS/B	4:30-5 pm FS/B		
4:30-5 pm FS/B	4:30-5 pm FS/B	4:30-5 pm FS/B	4-4:30 pm FS/B			
	5-5:30 pm FS/B		4:15-4:45 pm Jumps*			
			4:30-5 pm FS/B			
			5-5:30 pm FS/B			
* denotes On Ice class						
* shaded denotes Off Ice Class						

SESSION CHANGES : June 5 - No 9:30, 10 am sessions June 6 - No 4:30, 5 pm sessions June 19 and June 26 - No 2:15, 2:45 pm sessions June 20, June 21, June 27, June 29 - No morning sessions June 28 - No 8:00, 8:30, 9:00 am sessions June 30 - No 1:30 pm session	July 4 - No sessions after 10:30 am July 30 - No morning sessions August 16 - No morning sessions, test session
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Freestyle Levels	Contracted prices:	Prices for punch cards :	Drop in session prices:
FSO = FS4- Senior	\$5/30 minute session	10 sessions (Res.)= \$60	Resident:
FS/B = Snowplow 2 - Sr.	\$10 on/off ice class 30 min	10 sessions (Non Res.)= \$70	\$6/30 minute session
Fig = Figures	\$11.50 Figures class 60 min.		\$11/30 minutes On/Off Ice Class
			\$12 Figures class 60 minutes
			Non-Resident: \$7/30 minute session
			\$11.75/30 minutes On/Off Ice Class
			\$12.50 Figures class 60 minutes

All sessions subject to change/cancellation; notices of changes will be posted at the Ice Desk or <http://apexprd.org/activities/ice-skating>

**** Please remember to check the Apex Website at - <http://apexprd.org/activities/ice-skating> - for the most updated FS Schedule ****